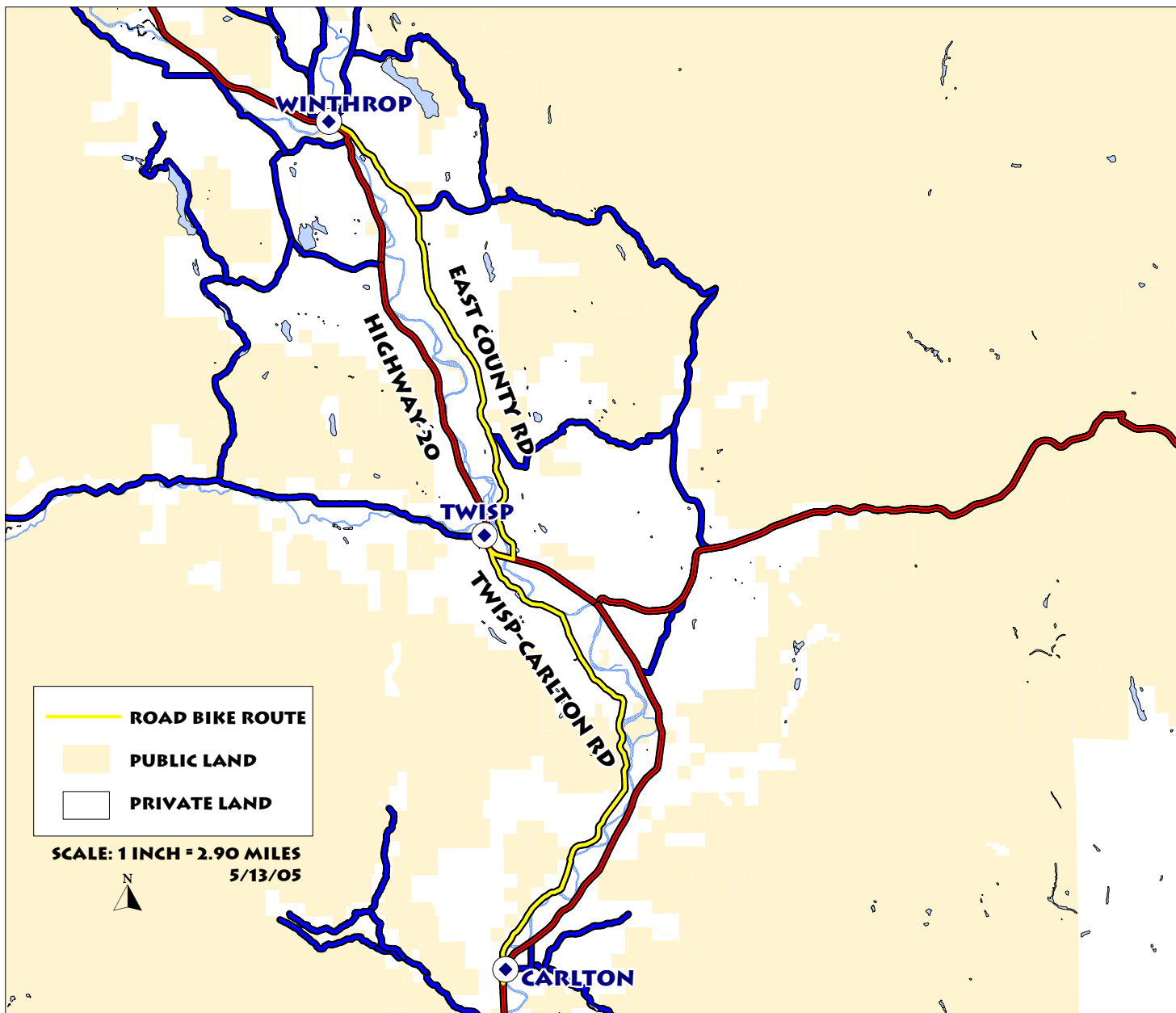


CARLTON



Carlton Loop Easy (43 miles) (3-4 hours)

An easy terrain ride, but a reasonable distance, taking you from Winthrop to Twisp and then on to Carlton. This can be done as an out and back by riding on East County Road, East from Winthrop and then taking the Old Twisp Carlton Road to Carlton. This way you avoid the busier traffic on Hwy 20 and Hwy 153. The shoulders South of Winthrop on Hwy 20 are variable and often poor so it's your call. The back roads are quieter and much more pleasant. As you ride towards Carlton you will be riding along the banks of the Methow through varied farmland. Food stops are plentiful in Twisp- Twisp bakery is always popular, but 2 Bee's, The Fiddlehead and several other espresso and sandwich places are available. In the summer the Twisp Saturday market is on-leave time in your schedule to wander (just remember it closes at 12:00 !)